



LABORATORY ALLIANCE of Central New York, LLC

Discontinuation of In-House Testing for Caffeine

Effective February 6, 2012, Laboratory Alliance of Central New York will no longer perform in-house analysis of caffeine levels in serum. This test continues to be available, however, through our reference laboratory (ARUP). Although ARUP performs caffeine analysis daily, samples are forwarded to them on Monday through Friday only. Samples received Friday evening through Monday morning will be shipped on Monday evening with results available on Tuesday. Although Laboratory Alliance has performed this test in-house for a number of years, requests are infrequent and this change is necessary due to the low volume of test requests that we receive.

The specimen required is 0.5 mL (0.2 mL minimum) serum. Although collection in a plain red container (no additive) is preferred, EDTA, sodium heparin or lithium heparin plasma are also acceptable sample types. Collection in serum or gel separator tubes is also acceptable if able to be processed within 2 hours of collection.

Questions regarding this test may be directed to Cheryl Haskins, MS, MT(ASCP)SC, Manager of Chemistry and Referral Testing, at 315-410-7014 or cherylhaskins@lacny.com.

1/16/12, cmh