



SEMEN ANALYSIS INFORMATION FORM

PATIENT NAME: _____
 DOB: _____
 AGE: _____

METHOD OF COLLECTION:

1. EMPTY BLADDER OF URINE.
 - Urine is toxic to sperm.
2. COLLECT THE ENTIRE SEMEN SPECIMEN BY MASTURBATION INTO CLEAN PLASTIC CONTAINER (after 2-5 days of abstinence).
 - A urine specimen cup provided by your physician or the laboratory is ideal.
3. THE SEMEN SPECIMEN SHOULD BE TAKEN TO THE LABORATORY WITHIN 1 HOUR (WITHIN 30 MINUTES IS BEST).
4. DURING TRANSPORT, KEEP THE SPECIMEN CONTAINER INSIDE YOUR CLOTHES NEXT TO YOUR BODY TO KEEP IT CLOSE TO BODY TEMPERATURE.
 - This will also help preserve the semen for accurate test results.

TEST SITE: Please immediately deliver the specimen and this form to the Laboratory Alliance site. Since many important semen test results are time dependent, we ask that the specimen be taken to the following Laboratory Alliance site:

**Laboratory Alliance of Central New York Operations Center
 113 Innovation Lane, Liverpool, NY 13088 (phone 461-3008)**

Hours: Monday – Friday 7:30 AM – 1:00 PM

INFORMATION THAT MUST BE PROVIDED BY THE PATIENT:

DATE AND TIME OF COLLECTION	Date: Time:	A semen analysis has many test components- most of which will be affected by delays in testing. An important part of the semen analysis is movement of the sperm. Sperm stop moving over time and therefore delays in delivery will cause incorrect assessment of sperm motility
IS THIS THE ENTIRE SPECIMEN (collected directly into a urine cup)?	_____ YES _____ NO	Different portions of the ejaculate contain different elements- therefore, loss of a portion of the specimen will affect test results (such as the sperm count).
DAYS OF ABSTINENCE	_____ DAYS	Test results, especially the sperm count, is based on 2-5 days (3 is best) of abstinence. Shorter or longer periods of abstinence could give misleading results.
WAS THIS SPECIMEN COLLECTED BY MASTURBATION (and without the use of a condom, which contains spermicides)?	_____ YES _____ NO	This method helps ensure that the entire specimen is collected and is not contaminated with spermicides, ointments, or other secretions.
ANY PROBLEMS WITH TRANSPORT?	If yes, please explain:	Specimen should be kept inside your clothes next to your body. Please indicate if specimen was left at room temperature, left in car, put in refrigerator, etc.